

## DEAF FRIENDLY FACE MASKS

The clear windowed fabric masks are NOT classed as PPE but provide visual accessibility for lip reading and facial communication whilst offering some protection.

### YOU WILL NEED:

- **Medium/thick woven cotton/linen fabric in plain colours**, or very small print (to avoid distraction away from the clear window). Approx 30cms x 20cms for Main Fabric.
- **Lighter weight cotton/cotton mix fabric** for Lining. Approx 30cms x 20cms.
- **Optional interfacing** ...If using, for example, "fat quarter" type medium cotton for the main fabric, add an interfacing such as Vilene for extra body, or add an extra layer of lining.

### ALL OF THE ABOVE FABRICS MUST BE WASHABLE AT 60 DEGREES CENTIGRADE

- **Clear Plastic** – thick and durable 11cms x 6.5cms
- **Elastic** \* 2 x 30cms **OR Ribbon/cord etc.** 2 x 70cms \* If recipient wears hearing aids, then ribbons for tying around the head are more suitable.
- **Ruler/tape measure, marker pen, scissors, pins, adhesive tape**
- **Dish/bar soap** – see note below.

**TIPS/SUGGESTIONS:** Think recycling as much as possible.....look around your house and use.....

- Plastic packaging eg. occasion card lids/boxes, large squash bottles, food packaging.
- Ribbons, cording, soft thick string, long shoe laces, tape (but not bias).
- Old but clean pillow cases, sheeting, table cloths, garments – ideally 100% cotton. Poly/cotton ideal for lining. Must be washable at 60 degrees.
- If recipient wears hearing aids, then ribbons better than elastic.
- Copy mask template onto card or Vilene for easy re-use.

### WHEN MASK COMPLETED:

- Smear some bar soap to the **INSIDE** of the clear window and let dry. This will prevent fogging when breathing/speaking.
- When completed pack each individual mask in a new sealable bag .....medium size food/freezer bags ideal, and finally
- Please insert note stating: **"After washing at 60 degrees, smear a little dish/bar soap on inside of plastic and leave to dry. This helps prevent fogging."**

**THANK YOU!**